Footsteps Nursery Wilmslow

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal – Lunch	Vegetable Lasagne	Fish Pie	Chicken, Cheese and Bacon Bake	Sweet and Sour Chicken	Beef Stew and Dumplings
Dietary Meal – Lunch		Cauliflower, Spinach and Lentil Curry or Corned Beef Hash	Tomato and Chickpea Gratin	Thai Red Curry with Chicken Style Pieces	Cheese and Onion Pie
Sides	Vegetables	Boiled Potatoes and Vegetables	Vegetables	Boiled Rice	
Pudding	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter
Main Meal – Tea	Baked vegetable Pie	Chicken and Pasta with Tomato and Herbs	Lentil and Vegetable Flaky Topped Pie	Scotch Broth	Tuna Pasta Bake
Dietary Meal – Tea	Chicken and vegetable Casserole	Penne Pasta in Tomato and Basil Sauce or Gluten Free Pasta	Chicken and Vegetable Casserole		Penne Pasta in Tomato and Basil sauce
Pudding	Natural Yoghurt with Fruit Compote	Natural Yoghurt with Fruit Compote	Natural Yoghurt with Fruit Compote	Natural Yoghurt with Fruit Compote	Natural Yoghurt with Fruit Compote
Dietary pudding	Soya or Oat yoghurt with Fruit Compote	Soya or Oat yoghurt with Fruit Compote	Soya or Oat yoghurt with Fruit Compote	Soya or Oat yoghurt with Fruit Compote	Soya or Oat yoghurt with Fruit Compote