Footsteps Nursery Wilmslow

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal – Lunch	Cauliflower, Spinach and Lentil Curry	Fishcakes	Cheese and Onion Pie	Pork and Apple Casserole	Sausage Casserole
Dietary Meal – Lunch		Tomato & Chickpea Gratin	Chickpea and Apricot Tagine	Cauliflower and Broccoli Pasta	Penne Pasta in Tomato and Basil sauce
Sides	Boiled Rice	Potatoes and Beans	Boiled Potatoes and Vegetables	Roast Potatoes and Vegetables	Colcannon Mash
Pudding	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter
Main Meal – Tea	Penne Pasta in Tomato and Basil Sauce	Carrot and Coriander soup with Bread	Chicken and Sweetcorn Bake	Minced Beef Hotpot	Cauliflower and Broccoli Pasta
Dietary Meal – Tea	Corned Beef Hash	Scotch Broth	Tomato and Chickpea Gratin	Cheese, Onion, Leek and Potato Bake	Lancashire Hotpot
Pudding	Natural Yoghurt with Fruit Compote	Natural Yoghurt with Fruit Compote	Natural Yoghurt with Fruit Compote	Natural Yoghurt with Fruit Compote	Natural Yoghurt with Fruit Compote
Dietary pudding	Soya or Oat yoghurt with Fruit Compote	Soya or Oat yoghurt with Fruit Compote	Soya or Oat yoghurt with Fruit Compote	Soya or Oat yoghurt with Fruit Compote	Soya or Oat yoghurt with Fruit Compote